



EX. 12

1. Press the left button twice. The month shall appear.
2. To set the month tap the right button until the desired month appears.

EX. 30

3. Press the left button once again; the date figure will now appear.
4. To set the date tap the right button until the desired date appears.

EX. 12: P

5. Press the left button once again; the hour figure will now appear.

EX. 12: A

6. To set the hour tap the right button until the desired hour appears. Please take note as to whether it is A for AM or P for PM.

EX. :30

7. Press left button once again, the minute figure will now appear.

8. To set the minute tap the right button until the desired minute appears.

EX. 12:30

9. Press left again and repeat slowly until the time (hour & minute are both displayed) and **colon is flashing**. Your breo watch is now set!

10. Press the right button once if you wish to see the date.

- If you would prefer the time and date to appear press the left button once and the LCD should alternate between the time and date. Ensure the colon is flashing when in the time mode.
- Generally the right hand button is used to select the function (Month, date, time and minute).
- The left hand button is used to adjust the function.

